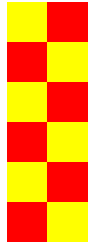




# SCDF

The Life Saving Force

*... for a safer Singapore*



## **Creating Resilient Societies in the Face of Man-made Disasters: Community Preparedness and Engagement Programmes by the Singapore Civil Defence Force**

Volunteer and Community Partnership Department  
Singapore Civil Defence Force

# SCOPE

1. Our Transformation Vision
2. SGSecure National Movement
3. Our Public Education Programmes
4. Save-A Life Initiative
5. SCDF Community Awards
6. Our Volunteers



# Transformation Vision 2025

## Building A Nation of Lifesavers



**ANYONE** can be **A LIFESAVER** in any emergency situation

# Transformation Framework



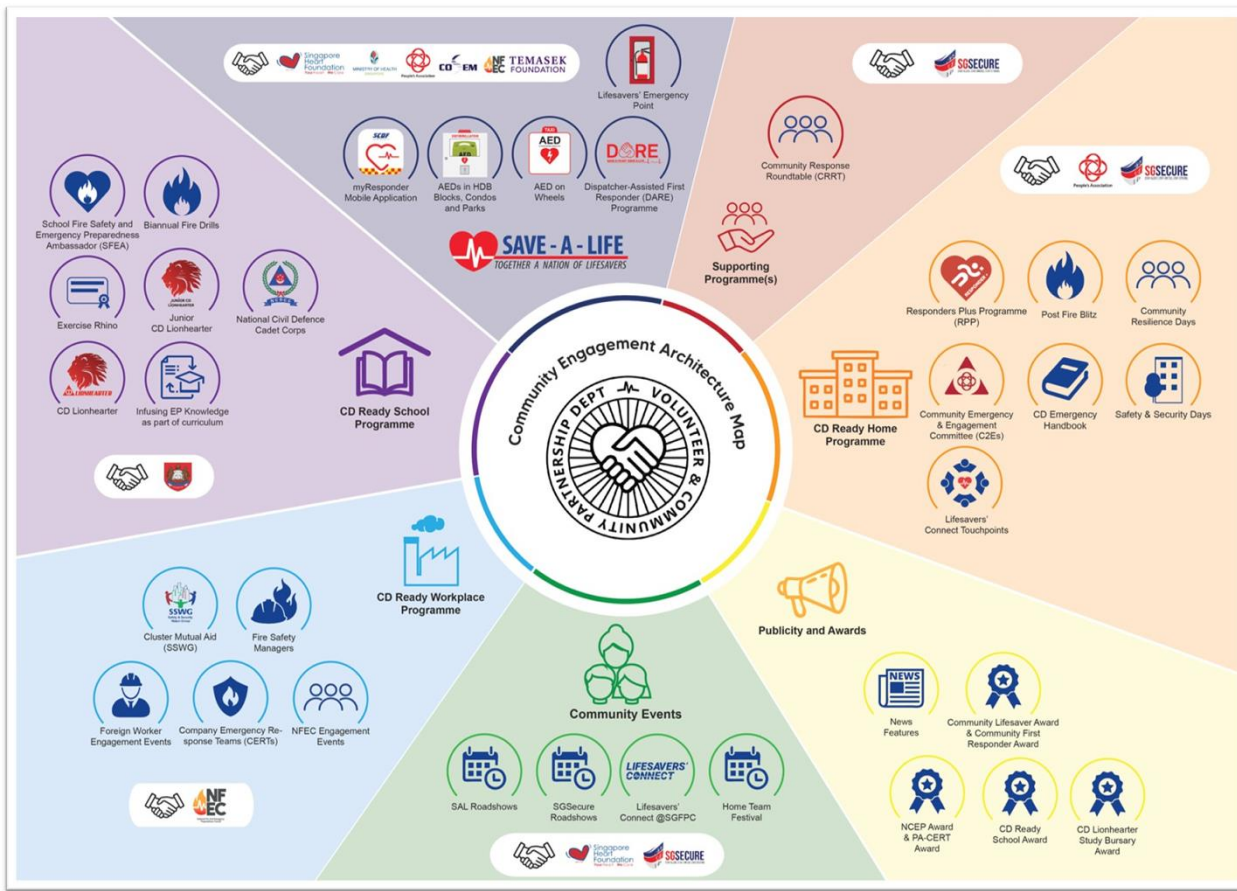
# Strategies to Drive Community Engagement Towards 2025

**1. Strengthen Advocacy of Emergency Preparedness Programmes through our Ambassadors**

**2. Increase Community Engagement Touchpoints and Accessibility to Training**

**3. Enhance the Community First Response Framework**

# Community Engagement Architecture Map



# SGSecure National Movement





The SGSecure movement was launched on 24<sup>th</sup> Sep 2016 to prepare the community to deal with a **terror attack** by building community **vigilance, cohesion and resilience**.

SGSecure programmes have been rolled out in various domains such as the neighbourhoods, schools and workplaces to **raise awareness** of the threat and teach the **basic skills** for self-help.





# SCDF's Key Role in SGSecure

To champion Community Resilience by equipping the community with essential lifesaving skills that enables them to protect themselves and help others in times of emergencies.

## 'Triangle of Life' Skillsets:

- First Aid (including IFAS Plus)
- CPR-AED
- Basic Firefighting



# Key SCDF Public Education Message under SGSecure



**Improvised First Aid Skills (IFAS) Plus**  
"STOPPING THE BLEED" CAN SAVE LIVES

In the rare event of a FIREARMS or WEAPONS attack:

- ▲ Excessive bleeding is the main cause of death in a terrorist attack.
- ▲ If you are at the scene, you should hide from the source of danger, and
- ▲ While hiding, if you encounter any casualty who is bleeding profusely, you should carry out IFAS by using commonly available items to stop the bleeding, without drawing any attention to yourself.

**1. PRESS**  
PRESS directly on the wound to stop the bleeding using items such as a handkerchief or cloth.  
(If bleeding does not stop, proceed to TIE.)

**2. TIE** *(Only applicable for limbs.)*  
TIE at least 5cm above the wound using items such as a neck tie, belt or sling of a bag to stop any excessive bleeding.  
(If bleeding still does not stop, apply the windlass technique.)

**Steps to Windlass Technique**  
(Additional steps if bleeding does not stop after tying.)

- Tie at least 5cm above the first tie.
- Place a rod (pen or wooden stick) on the second tie and secure the rod.
- Turn the rod in saw direction until the bleeding stops.
- Secure the rod by tying a knot.

**3. TELL**  
TELL the SCDF Emergency Responders about the injury and the time when you tied the wound.




Using common items to stop excessive bleeding or to treat wounds



# SGSecure House Visits

- House-to-house engagements by SCDF and Police officers to disseminate messages on SGSecure



# SGSecure Roadshows

- Larger scale outreach held at high human traffic areas (e.g. malls/MRT/bus interchanges)
  - Engage diverse profile of audience (young families/adults, youth)
  - Get community to step forward to pick up lifesaving skills and become a volunteer
- Since the start of the new series of SGSecure roadshows launched in Sep 2023, there has been 5 SGSecure roadshows conducted at various high traffic malls
  - The new roadshows has attracted over 10,000 visitors since its launch in Sep 2023
- Each roadshow is held over 2.5 days from Friday afternoon to Sunday evening



# Our Public Education Programmes

Schools

Neighbourhoods

Workplaces



## Preschool Teachers' Resource Kit



## Incorporation of messages into formal school curriculum



Character and Citizenship  
Education



Physical Education



## Responders Plus Programme (RPP)

### RPP (Online)

**Length of Module:** 45 minutes

**Scope of Module:**

- Basic Emergency Preparedness (EP) Knowledge
- 'Triangle of Life' Skills
- SCDF's Save-A-Life Initiative & SGSecure

### RPP (In-Person)

**Length of module:** 4 hours

**Mode of training delivery:** Theory & Practical Lesson

**Scope of module:**

- Basic Emergency Preparedness (EP) Knowledge
- 'Triangle of Life' Skills
- SCDF's Save-A-Life Initiative & SGSecure
- Practical session for 'Triangle of Life' Skills

## Community Resilience Days (CR Days)



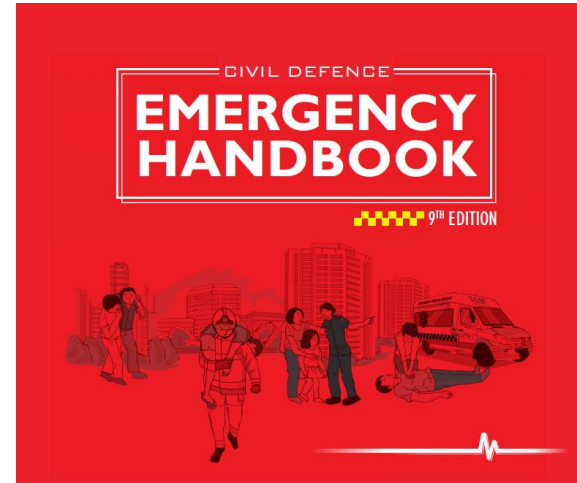
Hands-on skills impartation booths

## Cluster mutual aid for workplaces



**Safety and Security Watch Group (SSWG)  
scheme**

## Civil Defence Emergency Handbook



URL: [www.scdf.gov.sg/home/community-volunteers/publications/](http://www.scdf.gov.sg/home/community-volunteers/publications/)



# SAVE-A-LIFE

TOGETHER A NATION OF LIFESAVERS

Fire Bike



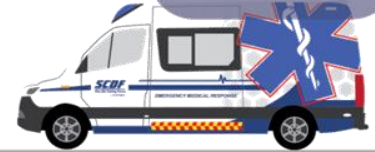
Light Fire Attack Vehicle



Fire Medical Vehicle



Ambulance



AED in Taxis



myResponder App



Bystander Responder



AED at HDB Blocks



## Hardware



- Enhance Community First Response
- Install AEDs in residential estates, condos, parks
- AED-on-wheels
- AEDs placed in taxis (SMRT, HDT)

## Heart-ware



- Basic Training
- Triangle of Life Training
- Dispatcher-Assisted First Responder (DARE) Programme

## Software



- Geo-location Technology
- Alerts volunteers to nearby cardiac arrest and minor fire cases & nearest available AED



# Save-A-Life (SAL) Initiative

## AED Installation

- Over 5,000 AEDs have been installed at public housing lift lobbies across Singapore.
- One AED for every two public housing blocks (or within 200m of each block).
- AEDs installed at selected private condos and estates.



## AED-on-Wheels

- Onboards partnering companies and private citizens by installing AEDs in their vehicles.
- Currently involves 5 companies and 100 private citizens in the programme, totaling at over 380 vehicles.

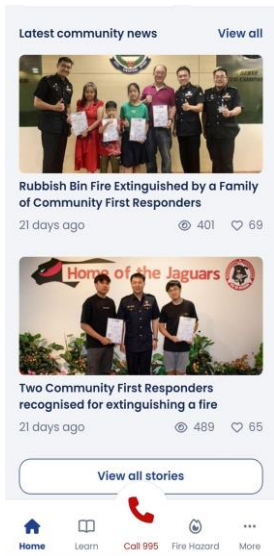


# myResponder App

- First launched in 2015, the myResponder app enables registered Community First Responders (CFRs) to respond to nearby cardiac arrest and minor fire incidents before SCDF responders arrive
- In July 2024, the new myResponder app was introduced with new features to enhance the user experience and response capabilities for CFRs
  - Ability to choose preferred mode of transport
  - Adjusts radius for receiving alerts to cases and pathfinding/time taken to reach incident location
- Helps increase the survival rate for out-of-hospital cardiac arrests and mitigates minor fires in those critical initial minutes

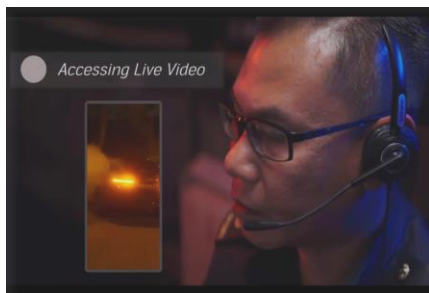


# New Features in myResponder 2.0



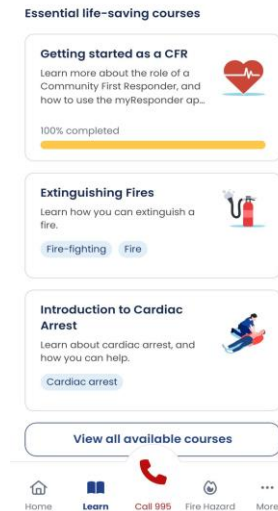
## Community News Section within the app.

Highlights CFRs who have made a difference during emergencies



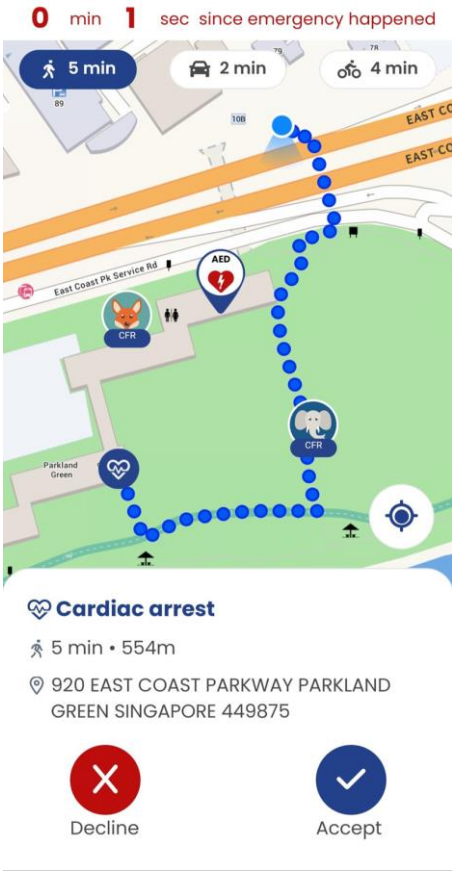
## Video call function with SCDF Operations Centre at the incident site.

Operators will have sight of victim and incident, enabling better case assessment



## Integrated e-learning portal within with bite-sized modules.

Direct link to the Responders Plus Programme (Online) Programme

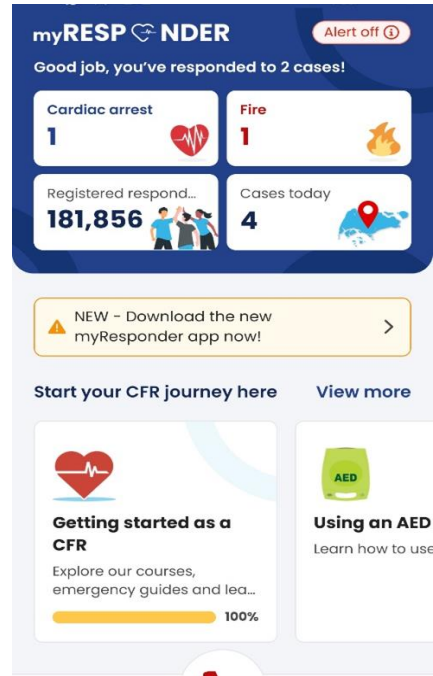


# myResponder App

**\*192,705**  
Registered Responders

**45,470**  
No. of cases

**83**  
Lives Saved



**\*As of 15<sup>th</sup> October 2024**

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# SCDF Community Awards





# SCDF Community Awards

## Community First Responder Award (CFRA)

- Presented to those who step forward to assist others in distress and/or save property
- Each award recipient will receive a CFRA certificate



## Community Lifesaver Award (CLA)

- Presented to those whose efforts involved an element of self-risk and helped to save lives
- Each award recipient will receive a CLA certificate, medallion and collar pin



# Publicity on CLAs and CFRAs

## 443 Awards given out in 2023!



### 冲组屋火场救老邻居 女佣及两男子获表扬



高小童（左起）、区耀耀和区宇中（右）在颁奖礼上向救火英雄致敬。获颁“社区英勇奖”的女佣、男邻居和男邻居。（由左起）

又康康地区议员、内政部长兼康乐部长陈振耀昨早表扬上列两位消防员的“社区英勇奖”颁发给女佣、男邻居三人分分体现了他们精神。

【本报综合】由新加坡消防局（SCDF）颁发的“社区英勇奖”（Community Lifesaver Award）旨在表彰在火灾或其他紧急情况下表现出英勇行为的市民。去年共有443名市民获得此奖项。

在其中一个案例中，住居在二单元的区耀耀（Ganeshan, 52岁）、高小童（Goh, 22岁）和区宇中（Goh, 21岁）三人，在昨晚凌晨1时左右，发现邻居家的厨房起火。区耀耀立即拨打了消防电话，并协助消防员进入火场。高小童和区宇中则协助疏散了邻居家的老人和小孩。由于他们的及时反应和英勇行为，三人均获得了“社区英勇奖”。

### Six honoured by SCDF for providing timely help

Boy, 16, who rushed to save elderly man who suffered cardiac arrest among award recipients

By the way, the award is given to those who have provided timely help in a life-threatening situation. The award is given to those who have provided timely help in a life-threatening situation. The award is given to those who have provided timely help in a life-threatening situation.



消防局（左起）向六位获奖者颁发奖项，包括一名16岁男孩，他在邻居家中发现一名老人突发心脏病，并及时拨打了消防电话。消防局（左起）向六位获奖者颁发奖项，包括一名16岁男孩，他在邻居家中发现一名老人突发心脏病，并及时拨打了消防电话。

### Duo lauded for helping driver in crash on SLE

Two youths who helped a driver who was involved in a crash on the SLE

Two youths who helped a driver who was involved in a crash on the SLE. The award is given to those who have provided timely help in a life-threatening situation. The award is given to those who have provided timely help in a life-threatening situation.



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### Condo resident gets SCDF award for putting out kitchen fire and evacuating residents



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SCDF Singapore Civil Defence Force  
4 August 2023 at 00:01

[Two Community First Responders commended for saving a life]  
On 11 June 2023 at about 10:00pm, Mr Lim Kim Thia and Mr Lum Guang Ye were in their own homes when they received an alert on the myResponder app for a cardiac arrest incident at Block 259 Bukit Batok East Avenue 4. Both Community First Responders (CFRs) sprang into action and rushed to the above-mentioned location.

Mr Lim was the first to arrive at the scene and commenced Cardiopulmonary Resuscitation (CPR) after assessing that the patient had no pulse and was not breathing. Mr Lum retrieved an Automated External Defibrillator (AED) from the void deck of a nearby block and arrived soon after Mr Lim. Mr Lum prepared the AED while Mr Lim continued CPR. The CFRs then used the AED to deliver a shock to the patient before the arrival of an SCDF ambulance.

As a result of their prompt and timely lifesaving actions, the patient is alive today. Kudos to Mr Lim and Mr Lum!

On 4 July 2023, the two CFRs were presented with the SCDF Community Lifesaver Award. The awards were presented by Lieutenant Colonel Khaisarah Mansor, Head, Community Engagement, 4th SCDF Division.

You too can help by downloading the SCDF's myResponder app and register as a CFR via the app. Through the app, you can be alerted to nearby emergencies such as a cardiac arrest incident or minor fires that can be quickly attended to by members of the public who are in the vicinity.

- #CommunityFirstResponder
- #CommunityLifesaver
- #ANationLifesaver
- #OurCFRsOurHeroes
- #OurResponseMatters
- #WeMakeSGSecure

From L to R  
Mr Lum Guang Ye, Mr Lim Kim Thia, LTC Khaisarah Mansor, Head, Community Engagement, 4th SCDF Division



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# Our Volunteers



Junior CD  
Lionhearter

Primary School



NCDCC  
Cadet

Secondary School



CD Lionhearter  
or NCDCC  
CLT/HO

Tertiary/ Pre-University



CD  
Lionhearter

University / Adult



CDAU  
Officer



# SCDF Volunteers In Action



## Junior Civil Defence Lionhearter



Junior CD Lionhearter imparting first aid skills to peers.



Junior CD Lionhearters setting up EP booth to impart EP skills and knowledge to peers.



## National Civil Defence Cadet Corps



NCDCC cadet imparting CPR skills during community event.



NCDCC cadet imparting first aid skills during NCDCC Service Month.



## Civil Defence Lionhearter



CD Lionhearter imparting CPR skills during community event.



CD Lionhearters volunteering as emcees during an SCDF event.



## Civil Defence Auxiliary Unit



CDAU Public Education Instructor conducting CEPP class.



CDAU EMS officer performing EMS duty.

# Summary

- Since 2015, SCDF has embarked on a transformative journey focused on empowering the community as Community First Responders (CFRs) to meet the growing demand for emergency services.
- This shift has evolved from merely raising awareness to equipping community members with the skills and confidence to take ownership of emergency preparedness through initiatives like the myResponder app.
- As a result, there has been a significant increase in trained CFRs, directly contributing to lives saved during cardiac emergencies. Programs such as AED-on-Wheels have expanded access to lifesaving equipment, ensuring timely assistance in crises.
- Looking ahead, SCDF aims to further enhance community engagement by 2025, solidifying Singapore's status as an emergency-ready and resilient nation.



# Thank You

